Federazione Italiana Giuoco Handball



Segreteria Generale

Circolare n. 81/2018

Roma, 2 agosto 2018

Alle Società Affiliate
Agli atleti e tecnici
Ai Signori Consiglieri Federali
Ai Signori Revisori dei Conti
Ai Comitati e Delegazioni Regionali
Alle Delegazioni Provinciali
Ai Settori Federali
LORO INDIRIZZI

Oggetto: Corso per allenatore di Beach Handball di 1° livello.

Si comunica che, nell'ambito della Champions Cup di Beach Handball, in programma a Catania dal 1° al 4 novembre 2018, la EHF/FIGH ha indetto un corso per allenatori di 1° livello.

La partecipazione al corso, con arrivo mercoledì 31 ottobre e partenza lunedì 5 novembre, comprensiva di vitto ed alloggio presso il Catania International Airport Hotel e dei servizi di transfer dall'hotel ai campi di giuoco e viceversa, è soggetta al pagamento di una quota giornaliera di € 105,00 (per un totale di € 525,00) da versare sul c/c presso BNL SPA – FIL. CONI, con IBAN IT06C010050330900000010126 e BIC/SWIFT BNLIITRR intestato a Federazione Italiana Giuoco Handball con causale "corso 1° livello Beach Handball".

In alternativa è possibile partecipare al corso, senza chiedere di poter usufruire di alcuno dei servizi sopra indicati, effettuando un versamento di € 150,00 a titolo di sola iscrizione, sempre sullo stesso conto corrente e con la medesima causale.



Il modulo di iscrizione, allegato alla presente circolare unitamente al programma in lingua inglese, deve pervenire via e-mail all'indirizzo office@figh.it entro e non oltre il 30 settembre p.v. (la prenotazione della sistemazione alberghiera è comunque soggetta alla disponibilità dell'hotel se confermata dopo il 15 settembre).

Il corso verrà tenuto da docenti EHF in lingua inglese. La Federazione assicurerà la presenza di un assistente d'aula con funzioni di "tutor" anche per la traduzione in contemporanea.

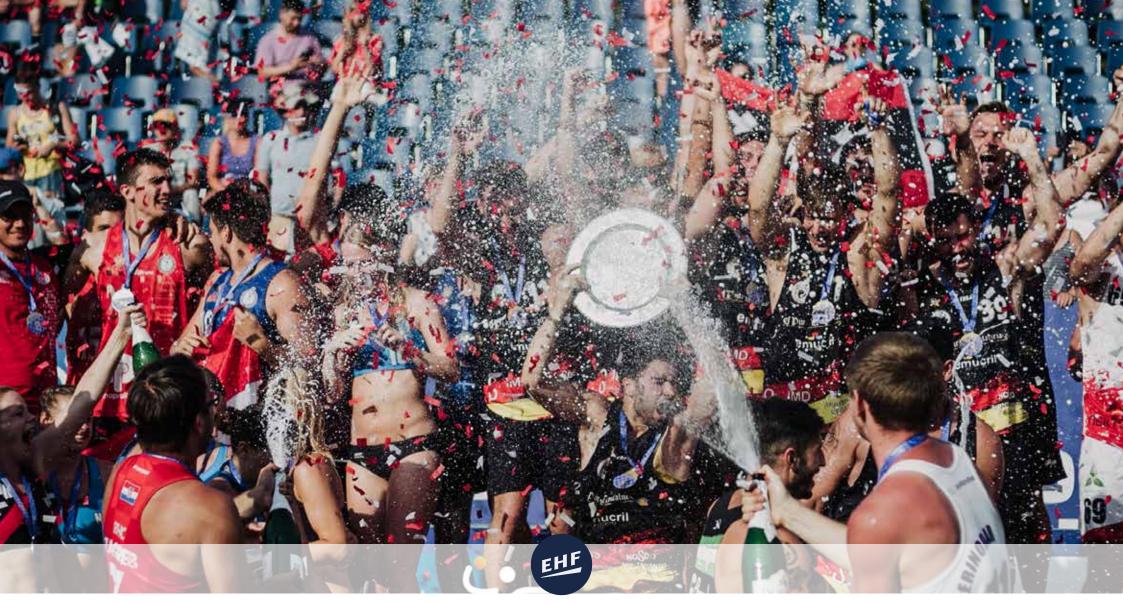
Distinti saluti.

Il Segretario Generale Adri**u**no Ruocco

CORSO NAZIONALE DI 1° LIVELLO PER ALLENATORE DI BEACH HANDBALL CATANIA – 31 OTTOBRE / 5 NOVEMBRE 2018

DOMANDA DI ISCRIZIONE

COGNOME		
NOME		
LUOGO E DA	ATA DI NASCITA	
NAZIONALIT	À	
CITTA' DI RESIDENZA		C.A.P
REGIONE DI	APPARTENENZA	
CELLULARE_		
E_MAIL		
	CHIEDE	
UN VERSAM IT06C010050	CRITTO AL CORSO IN OGGETTO MENTO SUL C/C PRESSO BNL 03309000000010126 E BIC/SWI NE ITALIANA GIUOCO HANDBAL	SPA – FIL. CONI, CON IBAN FT BNLIITRR INTESTATO ALLA
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€ 150,00	A TITOLO DI ISCRIZIONE (SENZ	A SISTEMAZIONE LOGISTICA)
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EUROPEAN HANDBALL FEDERATION



1st National Beach Handball Education Course 10th EHF Beach Handball Coaches' Course (level 2)

30 October - 4 November 2018 in Catania / ITA (Sicily)





Host city - Catania, Italy

Sicily is a large, triangular shaped island located in the Mediterranean Sea. It is separated from the mainland of Italy by the Strait of Messina. The autonomous region of Sicily also includes the Aegadian Islands, the Aeolian Islands, Pantelleria, and Lampedusa.

Sicily has a long history that dates back to ancient times. Throughout it, Sicily has been influenced by a variety of different cultures, including Greek, Roman, Byzantine, Norman, Saracens and Spanish. As a result of these influences Sicily has a diverse culture as well as diverse architecture and cuisine. Sicily has a population of more than 5 million and the majority of the people on the island identify themselves as Sicilian.

Sicily and its surrounding islands are home to a number of active volcanoes. Mount Etna is a very active, and is the tallest active volcano in Europe. The islands surrounding Sicily are also home to a number of active and dormant volcanoes, including Mount Stromboli in the Aeolian Islands.

Sicily is also home to several UNESCO World Heritage Sites. These sites include the Archaeological Area of Agrigento, the Villa Romana del Casale, the Aeolian Islands, the Late Baroque Towns of the Val de Noto, and Syracuse and the Rocky Necropolis of Pantalica.

Catania is Sicily's second largest city. It's represented by three main characteristics: its charming architecture, magnificent coastline, and the one spectator who has observed Catania's centuries of changes. Mount Etna.

Catania lies in a delightful geographical position between the Ionian Sea and the slopes of Mount Etna. Sicily's second city has always had a close relationship with the volcano. Subjected to Mount Etna's temperament, much of Catania's history is linked to its volcanic neighbour. The city was built by natural and geophysical elements, and most of the city's buildings are made from Etna's black lava. The city was repeatedly destroyed over the centuries by eruptions and earthquakes. But the people of Catania bounced back, creating an even better city, rebuilding in the Baroque style. Catania contains some of the most imaginative lava-built Baroque buildings in Sicily.

Catania is a city, both fascinating and full of surprises, for visitors who will never forget their time spent in the city. With one of the richest repositories of Baroque architecture in Europe, Catania has art treasures, church museums, and Roman ruins, well worth seeking out. The city also offers excellent year-round sporting facilities from skiing on Etna to numerous nautical activities.

Catania's excellent geographical location allows visitors easy access to the main tourist resorts on the island such as Taormina, Mount Etna, and Syracuse. It is also well connected to the archaeological sites of Agrigento, Piazza Armerina, as well as Acireale and Noto, locations full of outstanding Baroque architecture.

Directly on the "Playa" beach the "Domusbet Arena Beach Stadium", which is set up every year in summer, will be used as the event area for the Champions Cup.



EHF Beach Handball Commission

The EHF Beach Handball Commission (BC) regards itself as an initiator of projects in order to develop beach handball as an independent sport discipline within the European Handball family. One of the main targets of the BC is the education of facilitators. Combined educational courses for referees, delegates and coaches have been organised since 1999.

History

EHF-Course no.1 for EHF Beach Handball Referee Candidates in Göynük, Kemer, Antalya / TUR from 19 - 23 June 1999

EHF-Course no.2 for EHF Beach Handball Referee Candidates
1st EHF Beach Handball Delegates' Course
in Yuzshny / UKR from 23 – 27 May 2001

EHF-Course no.3 for EHF Beach Handball Referee Candidates 2nd EHF Beach Handball Delegates' Course in Alanya / TUR from 25 – 29 May 2003

EHF Course No.4 for EHF Beach Handball Referee Candidates 3rd Beach Handball Delegates' Course 1rd Beach Handball Coaches' Course in Balatonboglar / HUN from 18 – 21 August 2005

EHF Course No.5 for EHF Beach Handball Referee Candidates

4th Beach Handball Delegates' Course

2nd Beach Handball Coaches' Course in Misano Adriatico / ITA from 3 – 6 July 2008

EHF Course No.6 for EHF Beach Handball Referee Candidates $5^{\rm th}$ Beach Handball Delegates' Course

3rd Beach Handball Coaches' Course in Meliti (Issos) / GRE from 28 – 31 May 2009

EHF Course No.7 for EHF Beach Handball Referee Candidates 6th Beach Handball Delegates' Course 4th Beach Handball Coaches' Course

in Espinho / POR from 3 – 6 June 2011

 1^{st} Further Education Course for Beach Handball Referees in Fuengirola / ESP from 2-5 June 2011

EHF Course No.8 for EHF Beach Handball Referee Candidates 7th Beach Handball Delegates' Course 5th Beach Handball Coaches' Course

in Lagoa / POR from 31 May - 3 June 2012

2nd Further Education Course for Beach Handball Referees 1st Further Education Course for Beach Handball Delegates in Umag / CRO from 30 May – 2 June June 2013

EHF Course No. 9 for EHF Beach Handball Referee Candidates 8th Beach Handball Delegates' Course

6th Beach Handball Coaches' Course

in Thessaloniki / GRE from 28 May - 1 June 2014

3rd Further Education Course for Beach Handball Referees 2nd Further Education Course for Beach Handball Delegates 20 – 24 May 2015 in Budaörs / HUN

EHF Course No. 10 for EHF Beach Handball Referee Candidates 9th Beach Handball Delegates' Course 7th Beach Handball Coaches' Course in Thessaloniki / GRE from 18–22 May 2016

EHF Course No. 11 for EHF Beach Handball Referee Candidates 10th Beach Handball Delegates' Course 8th Beach Handball Coaches' Course in Gran Canaria / ESP from 1 – 6 November 2016

 $4^{\rm th}$ Further Education Course for Beach Handball Referees $3^{\rm rd}$ Further Education Course for Beach Handball Delegates 24-28 May 2017 in Gaeta / ITA

EHF Course No. 12 for EHF Beach Handball Referee Candidates 11th Beach Handball Delegates' Course in Gran Canaria / ESP from 24 – 29 October 2017

EHF Course No. 13 for EHF Beach Handball Referee Candidates 12th Beach Handball Delegates' Course 9th Beach Handball Coaches' Course In Stare Jablonki / POL from 29 May – 03 June 2018

In October / November this year another coaches course series is planned to take place in Catania, Italia. A top beach handball tournament – the Champions Cup – will offer the best conditions for the practical sessions. We are looking forward to seeing potential candidates in the courses in Catania.

EHF Beach Handball Commission

Ole Jorstad / NOR / BC Chairman
Marco Trespidi / ITA / BC Member (Events & Competition)
Ivan Sabovik / SVK / BC Member (Officiating)
Juan Carlos Zapardiel / ESP / BC Member (Game design and Coaching)
George Bebetsos / GRE / BC Member (Development & Promotion)
Jelena Rakonjac / SRB / Member



Contact Information

ORGANISER

European Handball Federation

Contact: Peter Fröschl Hoffingergasse 18

1120 Vienna Austria

phone: +43 1 80 151 151

email: froeschl@eurohandball.com

Responsible for

- participant's registration
- participant's confirmation
- carrying out of the courses
- presentations
- tests
- certificates

COURSE HOTEL (for all candidates)

Catania International Airport Hotel

www.cataniainternationalairporthotel.com

COORGANISER

ITALIAN HANDBALL FEDERATION (FIGH)

Contact: Valentina Bernardi phone: +39 06 87975917

email: segreteriapresidente@figh.it web: www.cataniachampionscup.com

Responsible for

- transfer (travel plan will be submitted)
- accommodation
- course facilities
- payments

Arrival date: 31 October 2018

Departure date: 5 November 2018
Registration deadline: 20 September 2018

Sport Event



EHF Beach Handball Champions Cup 2018

1 – 4 November 2018 in Catania / ITA



Course Basics

Number of participants National BH Coaches' Course – unlimited

EHF BH Coaches' Course level 2 – 20 participants (entries follow a "first come first served" basis)

Course language English

Entry criteria National BH Coaches' Course: beach handball experience / involvement in

national beach handball activities

EHF BH Coaches' Course level 2: participation in an EHF BH Coaches' Course

level 1

Course fee €300 for the participants of the EHF BH Coaches' Course level 2 (will be borne by

the EHF; in case of late withdrawal the course fee has to be paid - see

registration form).

No course fee for the participants of the National BH Coaches' Course

Travel All participants have to organise the travel and to pay the travel expenses themselves

Transfer Will be organised by the organiser; participants have to bear the transfer costs by

themselves - (taxi recommended - 3.5 km)

Accommodation Catania International Airport Hotel

Single room €105

www.cataniainternationalairporthotel.com

Payment To be jointly agreed with the ITA organiser.

Course follow-up Course documentation

Certificate on successful attendance + information to the respective

National Federation

Presenters

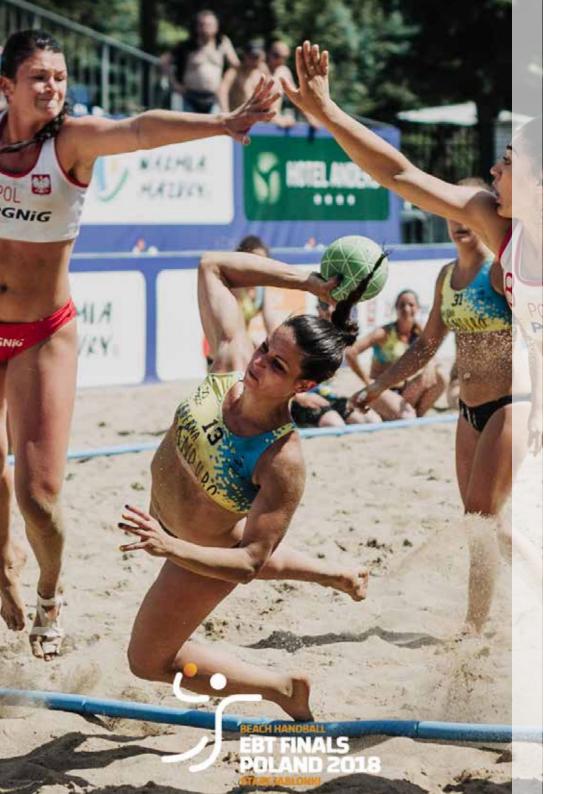


Eskil Berg Andreasen NOR EHF Lecturer



Tamas Neukum HUN EHF Lecturer





National BH Coaches' Course

Contents structure

- 1. Philosophy and structure of the game (theoretical)
- 2. History (theoretical)
- 3. Rules of the game (theoretical)
- 4. Basic individual skills (theoretical and practical)
- 5. Basic team skills (theoretical and practical)
- 6. Offensive and defensive structure (theoretical and practical)
- 7. Offensive and defensive systems analysis (theoretical and practical)
- 8. Basics of beach handball training systems (theoretical and practical)
- 9. Beach handball mental abilities (theoretical)
- 10. Examinations

EHF BH Coaches' Course level 2

Contents structure

- 1. Rules of the game
- 2. Expert individual skills (theoretical and practical)
- 3. Expert team skills (theoretical and practical)
- 4. Goalkeeping (theoretical and practical)
- 5. Conditioning (theoretical and practical)
- 6. Coaching (theoretical and practical)
- 7. Scouting (theoretical)
- 8. High level beach handball mental abilities (theoretical)
- 9. Examinations

